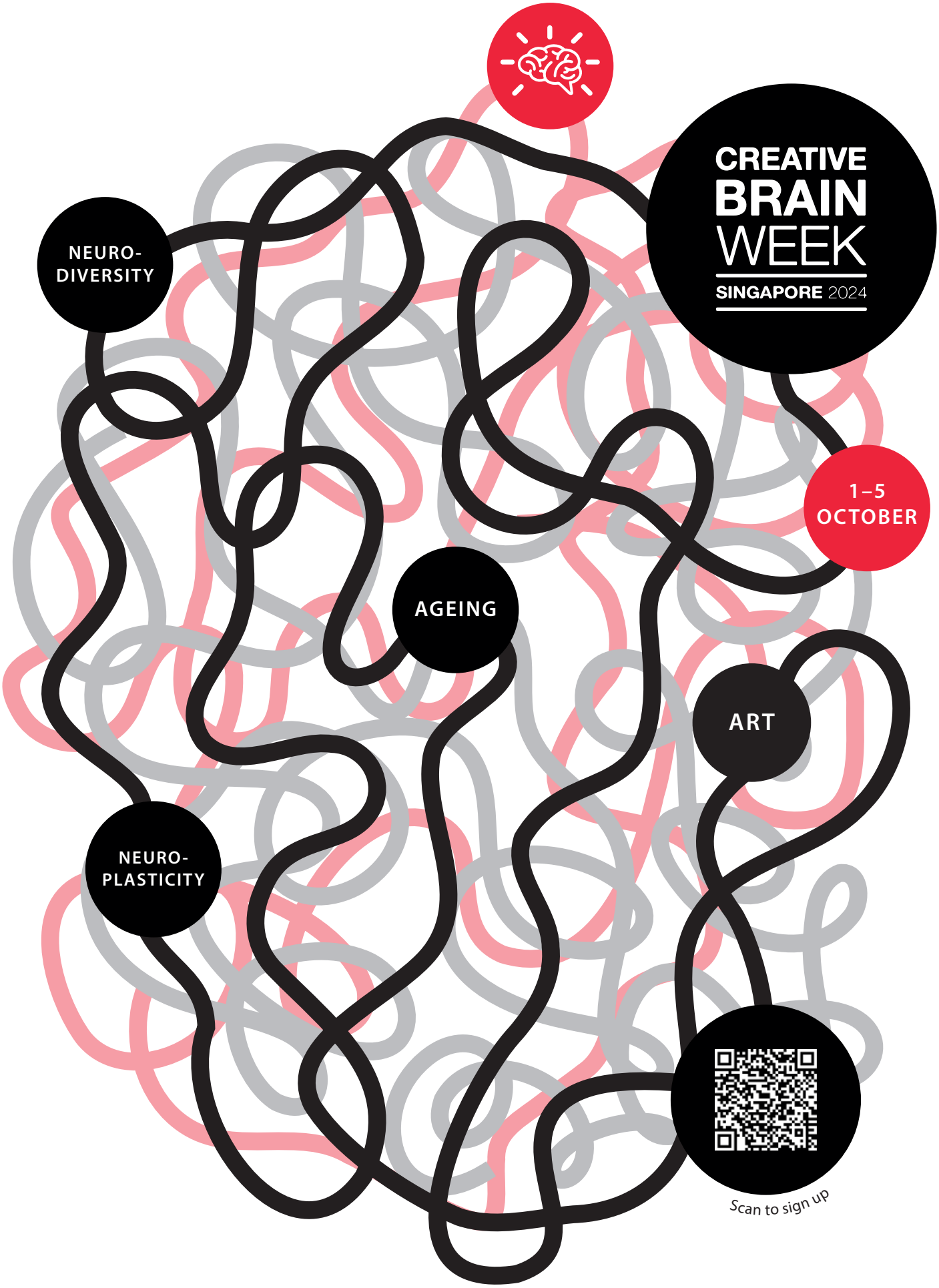
CREATIVE
BRAIN
WEEK
SINGAPORE 2024
1–5
OCTOBER
NEURO-
DIVERSITY
AGEING
ART
NEURO-
PLASTICITY
Scan to sign up

Organised by

In partnership with

Team
Project Lead – Cissie Fu
Project Manager – Susanna Tan
Project Documentarian – Sarah Noorhimli

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Dominic Campbell
Joanne Ngeow
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Special thanks to
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Ailin Chin
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Angie Wong
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Azril Bin Athni
Brian Hong Jaehyung
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Kevin Wee
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Malar Nadeson
Melissa Quek
Mohd Zahidi Bin Abdul Hamid
Muhammad Kamarul Arifin Bin Abdul Rahman
Muhammad Shazwan Bin Mohamed
Ng Kok Keong
Trudy Meehan
Venka Purushothaman
Yuen Yee Foong

Creative Brain Week is a Global Brain Health Institute innovation from Trinity College Dublin, developed by Creative Aging International, with support from Creative Ireland and the Atlantic Institute.

Timetable & venues

IST	SGT	DAY 1 Tue 1 Oct	DAY 2 Wed 2 Oct	DAY 3 Thu 3 Oct	DAY 4 Fri 4 Oct	DAY 5 Sat 5 Oct
03:30	10:30					
04:00	11:00		**Interactive talk** (A) on responsive practices for developmental health by Dr Geraldine Teo, moderated by Dr Cissie Fu	**Interactive talk** (A) on person-centred art practices for community health by Dr Felicia Low, moderated by Dr Woo Yen Yen	**Interactive talk** (A) on environmental practices for geriatric health by Peggy Ferroa, moderated by Nora Samosir	
05:00	12:00					**Pop-up exhibition** (A) of art that rethinks love, connection and attention
06:00	13:00		**Body-mapping workshop** (A) on experiences of love and care in, on and across our bodies, devised by Dr Trudy Meehan and facilitated by Susanna Tan, Janet Teoh and Dr Cissie Fu	**Body-mapping workshop** (A) on experiences of love and care in, on and across our bodies, devised by Dr Trudy Meehan and facilitated by Susanna Tan, Janet Teoh and Dr Cissie Fu	**Body-mapping workshop** (A) on experiences of love and care in, on and across our bodies, devised by Dr Trudy Meehan and facilitated by Susanna Tan, Mythili Devi and Dr Cissie Fu	**Potluck picnic & mind games** (C) brain food for the creative soul
07:00	14:00					featuring short films by students from Puttnam School of Film & Animation
08:00	15:00			**Learning fieldtrip** (B)		
09:00	16:00	**Opening remarks** (A) by distinguished guests, with Prof Ng Wai Hoe Group CEO, SingHealth as Guest of Honour		**Roundtable discussion at Enabling Village Singapore** on the topic of art and neurodiversity with Dr Damaris Carlisle, Edmen Leong, and Winston Wong, moderated by Dr Aprille Chua		**Closing of Creative Brain Week Singapore 2024** (A) a communal processing of experiences, thoughts, and ideas
10:00	17:00	**Panel discussion** with the creative brains behind different Creative Brain Week satellite programmes		exploring the grounds of Enabling Village Singapore (B)		a reimagined social sculpture by local artist anGie seah and the body maps of love contributed by workshop participants
11:00	18:00	**Welcome reception** (A) launching the week-long event of talks, discussions, workshops, exhibition, picnic and games	**Roundtable discussion** (A) on the topic of art and neuroplasticity with Prof Annabel Chen, Dr Cheryl Loh, Kng Mian Tze and Dr Yanyun Chen, moderated by Emylia Safian		**Roundtable discussion** (A) on the topic of art and ageing with anGie seah, Dominic Campbell, Melissa Chan, and Dr Michael Tan, moderated by Dr Cissie Fu	
12:00	19:00			**Body-mapping workshop** (A) on experiences of love and care in, on and across our bodies, devised by Dr Trudy Meehan and facilitated by Susanna Tan, Emylia Safian and Dr Cissie Fu		
13:00	20:00					
14:00	21:00					

Scan for programme details

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A Creative Cube
Block C Level 1 #C101
McNally Campus

LASALLE College of the Arts
1 McNally Street
Singapore 187940

B The Art Faculty
Workshop Space

Enabling Village Singapore
20 Lengkok Bahru, #01-07
Singapore 159053
(Drop-off point A)

C Campus Green
Level 1, McNally Campus

LASALLE College of the Arts
1 McNally Street
Singapore 187940

DAY 1 PROGRAMME

TUE 1 OCT

IST 09:00 | 10:30
SGT 16:00 | 17:30

LOCATION: CREATIVE CUBE

Opening address

WELCOME AND INTRODUCTION

Dr Cissie Fu
Project Lead, Creative Brain Week Singapore 2024
Head, McNally School of Fine Arts, LASALLE College of the Arts

OPENING SPEAKERS

Dr Venka Purushothaman
Deputy President & Provost, LASALLE College of the Arts

Dr Linda Doyle
Provost and President, Trinity College Dublin

Prof Brian Lawlor
Site Director, Global Brain Health Institute, Trinity College Dublin

Dr Clive Tan
Senior Fellow, Atlantic Institute (Health Equity for South East Asia)

GUEST OF HONOUR

Prof Ng Wai Hoe
Group Chief Executive Officer, SingHealth

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Panel discussion

THEMATICALLY CONNECTED, LOCALLY INFORMED

Dominic Campbell
Producer, Creative Brain Week

Dr Jayashree Dasgupta
Project Lead, Creative Brain Week India

Dr Kim Nguyen
Project Lead, Creative Brain Week Brisbane

Dr Cissie Fu
Project Lead, Creative Brain Week Singapore

SGT 17:30 | 19:00

LOCATION: CREATIVE CUBE

Welcome reception

Opening reception to celebrate and launch the inaugural Creative Brain Week Singapore 2024.

DAY 2 PROGRAMME

WED 2 OCT

SGT
10:30
|
12:00

LOCATION:
CREATIVE CUBE

Interactive talk

SERVE AND RETURN? WHAT'S THAT?

The brain's architecture starts developing before birth and continues into adulthood. Research shows that early experiences significantly impact the foundation and quality of brain development. Supportive relationships and positive learning experiences are crucial to children's brain development.

What is "serve and return," and how do responsive relationships support brain development? How can we incorporate these practices into our daily lives to ensure every child has the opportunity to build a strong foundation for optimal brain development?

Join **Dr Geraldine Teo** to explore and unpack the five steps of "serve and return" that shape young children's brain circuitry.

SGT
12:30
|
14:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

IST 10:30 | 12:00

SGT 17:30 | 19:00

LOCATION:
CREATIVE CUBE

Roundtable discussion

ART AND NEUROPLASTICITY

Join **Prof Annabel Chen**, **Dr Cheryl Loh**, **Kng Mian Tze** and **Dr Yanyun Chen** as they discuss how creative activities drive neuroplasticity, shape brain function, enhance cognitive abilities, and support mental health. Discover innovative ways to leverage art for improving brain health and resilience at this roundtable.

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DAY 3 PROGRAMME

THU 3 OCT

Scan to sign up

SGT
10:30
|
12:00

LOCATION:
CREATIVE CUBE

Interactive talk

AN INTRODUCTION TO PERSON-CENTERED ARTS PRACTICES WITH COMMUNITIES

Join **Dr Felicia Low** in the introductory presentation of her research on developing a framework that highlights the significance of arts practices within communities. Emphasising on personal, social, cognitive, and cultural dimensions, this four-dimensional map aids artists and facilitators in drafting programme objectives and evaluations for art projects that engage the community.

SGT
12:30
|
14:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

OFF-SITE!

The Art Faculty

SGT
15:30
|
17:00

Roundtable discussion at Enabling Village Singapore

ART AND NEURODIVERSITY

Discover how art and neurodiversity intersect through discussions on fostering inclusive learning environments, digital tools for accessibility, and empowering individuals with disabilities through employment and independence. Join **Dr Damaris Carlisle**, **Edmen Leong**, and **Winston Wong** for this roundtable at Enabling Village Singapore.

OFF-SITE!

The Art Faculty

SGT
17:00
|
18:00

Learning field trip

Explore iconic inclusive spaces that merge architecture, lifestyle, technology, and universal design for visitors of diverse abilities to meet and interact with one another.

SGT
19:00
|
21:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

An after-hour session of the body-mapping workshop devised by **Dr Trudy Meehan**.

DAY 4 PROGRAMME

FRI 4 OCT

SGT
10:30
|
12:00

LOCATION:
CREATIVE CUBE

Interactive talk

COGNITIVE ENCORE: DRAMA'S IMPACT ON THE AGEING BRAIN

Much has been discussed about the benefits of drama for seniors – improved health, enhanced well-being, sharper memory, and a renewed sense of self and connection with others. In this presentation, **Peggy Ferroa** introduces three drama projects involving both robust and frail seniors, showcasing how the multifaceted nature of drama engages the brain on cognitive, emotional, and social levels. Cognitive Encore discusses the ageing process and demonstrates how artists can adapt their practice to help seniors continue learning, performing, and interacting, allowing the brain to step back into the spotlight.

SGT
12:30
|
14:00

LOCATION:
CREATIVE CUBE

Body-mapping workshop

THIS IS WHAT LOVE FEELS LIKE

A body map is a life-sized drawing of the body's outline that reveals thoughts, emotions, physical sensations, and memories through decorations such as marks, images, colors, words, sentences, and symbols. Join this guided workshop devised by **Dr Trudy Meehan** where participants map their embodied experience of the feeling of 'love' through the making of a body map.

IST 10:30 | 12:00

SGT 17:30 | 19:00

LOCATION:
CREATIVE CUBE

Roundtable discussion

ART AND AGEING

Join us for a dynamic roundtable discussion at Creative Brain Week, where **anGie seah**, **Dominic Campbell**, **Melissa Chan**, and **Dr Michael Tan** explore the intersection of art and ageing. Delve into how creativity enhances wellbeing, cognitive function, and quality of life as we age, fostering innovation in brain health and social development across generations.

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DAY 5 PROGRAMME

SAT 5 OCT

SGT
11:00
|
19:00

LOCATION:
CREATIVE CUBE
FOYER

Pop-up exhibition

Experience a pop-up exhibition that rethinks love, connection, and attention that invites you to explore the intricate connections between art, emotion, and the brain. Featuring thought-provoking short films by students from Puttnam School of Film & Animation, social sculpture by local artist anGie seah, and the body maps of love contributed by workshop participants.

*Short films by students from Puttnam School of Film and Animation and the social sculpture by local artist anGie seah will be available for view throughout the week from 1 to 5 October at our Creative Cube foyer. In addition, LASALLE's physical and electronic resources that connect neuroscience with the arts will be on display in our Ngee Ann Kongsi Library.

SGT
12:30
|
14:00

LOCATION:
THE AMPHI-
THEATRE

Potluck picnic & mind games

Come together for a relaxed and informal potluck picnic! Bring your favourite dish to share and enjoy a cozy outdoor gathering with fellow participants. Engage in fun mind games that challenge your thinking, spark creativity, and foster meaningful connections.

SGT
15:00
|
17:00

LOCATION:
CREATIVE CUBE

Closing

Join us for the closing event of Creative Brain Week Singapore 2024, a communal gathering to reflect on and process the insights, experiences, thoughts, and ideas sparked by the week's programmes.

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Guest of Honour

Prof Ng Wai Hoe
Group Chief Executive Officer, SingHealth

Prof Ng Wai Hoe is the Group Chief Executive Officer of SingHealth and Professor at Duke-NUS Medical School. He was previously Deputy Group Chief Executive Officer (Strategy & Planning) of SingHealth, Chief Executive Officer of Changi General Hospital, Medical Director/Chief Executive Officer of the National Neuroscience Institute, Academic Chair of the SingHealth Duke-NUS Neuroscience Academic Clinical Programme and Deputy Chair of the SingHealth Medical Board. Prof Ng is a neurosurgeon with a clinical practice focused on neurosurgical oncology and stereotactic and functional neurosurgery. He is Chairman of the Neurosurgery Residency Advisory Committee, past Chairman of the Chapter of Neurosurgeons (Singapore) and on the Panel of Chairmen of Disciplinary Tribunal with the Singapore Medical Council.

Opening speakers

Dr Venka Purushothaman
Deputy President & Provost, LASALLE College of the Arts, University of the Arts Singapore

Dr Venka Purushothaman, PhD is Deputy President & Provost at LASALLE College of the Arts, University of the Arts Singapore. He is an arts writer, educator and university administrator with a distinguished career in Singapore's arts higher education and cultural industries. His research and writing span international cultural relations and policy, arts education, festival cultures and contemporary art. Venka founded the Asia-Pacific Network for Culture, Education and Research (ANCER), co-founded the Tokyo-initiated Global Design Initiative, and chairs the Zurich-based Shared Campus. He sits on several expert panels in Singapore and is a member of the International Cultural Relations Research Alliance at Institut für Auslandsbeziehungen (Germany) and a Fellow of the Royal Society of the Arts (UK).

Dr Linda Doyle
Provost and President, Trinity College Dublin

Dr Linda Doyle is the President and Provost of Trinity College Dublin, the University of Dublin. Prior to her appointment as Provost, she was Professor of Engineering & The Arts in Trinity. For many years, she has combined creative arts with engineering, including founding the Orthogonal Methods Group, a research initiative that works in critical and creative tension with technology to generate knowledge, insights, and alternative research orientations across disciplines. Dr Doyle has raised over €70 million in research funding and published widely in her field. As well as her contributions to research and the arts, she is an active advocate for women in engineering and computer science.

Prof Brian Lawlor
Site Director, Global Brain Health Institute, Trinity College Dublin

Prof Brian Lawlor is Conolly Norman Professor of Old Age Psychiatry and Site Director of the Global Brain Health Institute at Trinity College Dublin. He is a geriatric psychiatrist with an interest in dementia, late-life depression, loneliness and brain health. Prof Lawlor has worked for over 30 years on developing services and delivering care to people with dementia. His research interests range from early detection and prevention to evaluating new treatments for dementia.

Dr Clive Tan
Senior Fellow, Atlantic Institute (Health Equity for South East Asia)

Dr Clive Tan is a medical doctor and public health specialist with close to two decades of clinical and leadership experience in the healthcare sector. He is Senior Consultant (Public Health) at Tan Tock Seng Hospital, National Healthcare Group, working to improve the health for residents in the central-north region of Singapore, using a population health approach with a focus on integrated care, behavioral change and care for the vulnerable and marginalised. Dr Tan is also Director of Medical Services for the Home Team at Singapore's Ministry of Home Affairs, where he oversees the medical services provision, quality assurance, preventive health programmes and digital health developments.

Speakers, facilitators & exhibitors

(in alphabetical order)

Exhibition – *Under Control*

Aisyah Rasyidah Reduan

Aisyah Rasyidah's inspiration for film thrives in the wee hours of the night, when she enjoys books, music and dance. Currently pursuing BA (Hons) Film at LaSalle College of the Arts, she incorporates her first loves into her films.

Exhibition – *Fishing for Words*

Alton Ron Tan

Alton Tan's filmmaking style gravitates towards societal questions such as disability and religion, often represented through an experimental lens. He enjoys scripting and directing stories inspired by his personalised views on marginalised/underrepresented individuals within everyday society. Post-graduation, Alton aims to continue his craft in the writing or editing department.

Day 4 – Roundtable discussion: art and ageing

Exhibition – *an apparatus for a domestic scream*

anGie seah
Artist

The oneness and porousness of life and art in which anGie thrives: to be, live, and practice art while embracing the agency of life's uncertainty. Her multidisciplinary art practice traverses the domains of drawing, sculpture, performance art, sound, installation and video. In 2000, she was awarded an education bursary from the National Arts Council, graduated from the Royal Melbourne Institute of Technology with a Bachelor of Arts, majoring in sculpture. In 2005, she was awarded a cultural scholarship from the Goethe Institut Berlin. Since 2000, anGie has exhibited works, taken part in artist residencies, and participated in art festivals locally and internationally. For over two decades, she has conceived and created socially engaged art projects with diverse communities, both locally and abroad. Working with communities allows her to connect deeply with people and experience the realities of their lives.

Exhibition – *How Neuroscientists Make Knowledge*

Dr Alejandro Lopez Valdez
Assistant Professor, Neural Engineering and Brain Health, Trinity College Dublin
Atlantic Fellow for Equity in Brain Health, Global Brain Health Institute

Dr Alejandro Lopez Valdez is an Assistant Professor in Neural Engineering and Brain Health. He strives to contribute to the creation of applicable and scalable methods and solutions to support brain health throughout the lifespan. His research focuses on applied neural engineering supporting, aging, sensory dysfunction and cognition. His research activities aim to include contextual information to capture the nuances of individual lifestyles. This could allow for individualized approaches to brain health, starting from the general understanding of dementia and brain health that continues to grow in parallel. Alejandro's work on applied neural engineering for brain health aims to help better understand changes in brain health as individuals move through their life. This would facilitate early detection of cognition difficulties before they become acute and support a healthy brain ageing.

Day 2 – Roundtable discussion: art and neuroplasticity

Prof Annabel Chen
Director, Cradle@NTU
President's Chair in Psychology
Professor, School of Social Sciences
Professor, National Institute of Education (courtesy appointment)

Prof SH Annabel Chen is President's Chair in Psychology, with joint appointments at Lee Kong Chian School of Medicine and the National Institute of Education, Nanyang Technological University. She is a clinical neuropsychologist and conducts brain research using functional neuroimaging. Prof Chen directs the Centre for Research and Development in Learning (CRADLE@NTU) where innovative interdisciplinary research in the Science of Learning is leveraged upon to inform practices in education, workforce and lifelong learning. She also co-directs the Centre for Lifelong Learning and Individualised Cognition (CLIC) in collaboration with the University of Cambridge, supported by NRF-CREATE, investigating cognitive flexibility and research translations to real-life applications, including its influence on creativity.

Day 3 – Roundtable discussion: art and neurodiversity

Dr Aprille Chua
Lecturer, MA Design, LASALLE College of the Arts, University of the Arts Singapore

Dr Aprille Chua is an accomplished designer, researcher and educator. With over a decade of design and education experience, Dr Chua brings a holistic systemic design thinking approach that emphasises a human(ity)-centred approach to addressing complexities and proposing innovative solutions. She believes that design education can be a powerful tool for positive change in our lives. Her PhD design research has been recognised with the Good Design Award 2023 (winner of the Research Category) in Australia. Additionally, her research has been awarded by The South Australian Government (StudyAdelaide) for Academic Excellence – Postgraduate Research (2022) and High Achiever Award (2021). Dr Chua has obtained international (2020) and national research grants (2021, 2022), including being the first-runner up for the 3-Minute Thesis Competition within the University Creative Department, highlighting her expertise and dedication to the field. In addition to her work as a designer-researcher, she has recently received an appointment as The Communication Review and Design & Culture editorial manager (Peer Reviewer) at Taylor & Francis Publications.

Day 2 – Roundtable discussion: art and neuroplasticity

Dr Cheryl Loh
Psychiatrist and art collector

Dr Cheryl Loh and her husband John Chia have been art collectors for over 20 years. Their collection centres on contemporary Southeast Asian art. Though they strive for academic focus and discipline, they have also wandered off into vintage maps, Japanese woodblock prints, fossils and old books. Dr Loh is a psychiatrist by profession. She currently works in her own private practice and has a special interest in adolescent mental health.

Day 1 – Panel discussion
Day 2 – Workshop
Day 3 – Workshop
Day 4 – Workshop, Roundtable discussion: art and ageing
Day 5 – Communal processing

Dr Cissie Fu
Head, McNally School of Fine Arts, LASALLE College of the Arts, University of the Arts Singapore
Project Lead, Creative Brain Week Singapore 2024

Dr Cissie Fu is a political theorist and co-founder of the Political Arts Initiative which is interested in the ways in which people interact and compose political ideas and actions through technology and the arts. Born in Hong Kong, Cissie studied, taught, curated and performed across cultural and educational institutions in Asia, Europe, the UK, and the Americas and most recently as Dean of the Faculty of Culture and Community at Emily Carr University of Art + Design in Canada. With a forthcoming open textbook on cultural production and the law, Cissie is currently completing a monograph on the politics of silence, which draws from artistic practices to resuscitate silence as a positive political concept. Cissie's practice-led research interests in relational aesthetics and decolonial action, combined with her experiments in experiential and transformative organisational design, inform her approach to institution-building as a creative, critical and communal cultural practice.

Day 3 – Roundtable discussion: art and neurodiversity

Dr Damaris Carlisle
Lecturer-in-Charge, The Learning Centre, LASALLE College of the Arts, University of the Arts Singapore

Dr Damaris Carlisle is Lecturer-in-Charge of The Learning Centre at LASALLE College of the Arts, where she provides academic support to both students and staff. With a Doctorate in Education focused on the challenges faced by learners with special educational needs during their transition to university in Singapore, she is dedicated to fostering an inclusive learning environment. Dr Carlisle actively promotes the use of digital tools such as assistive technologies, text-to-speech software, and note-taking apps to enhance accessibility. Her work is driven by a passion for creating a campus where all students, regardless of ability, can thrive academically and artistically.

Day 1 – Panel discussion
Day 4 – Roundtable discussion: art and ageing
Day 5 – Communal processing

Dominic Campbell
Director, Creative Aging International
Producer, Creative Brain Week
Arts Manager, Irish Hospice Foundation
Founder of ArtsandBrain.com

Dominic Campbell is co-founder of Creative Aging International, instigator of the Irish Hospice Foundation's Art and Cultural Engagement programme, former Director of Age & Opportunities Bealtaine Festival and Ireland's national St Patrick's Festival. As a GBHI and Atlantic Fellow he developed Creative Brain Week. A cultural producer based in Ireland, working internationally, he is interested in how we all might live better, longer.

Day 3 – Roundtable discussion: art and neurodiversity

Edmen Leong
Director, Specialised Educational Services, Dyslexia Association of Singapore

Edmen Leong is the Director of Specialised Educational Services at the Dyslexia Association of Singapore, overseeing programmes like Artventure, Speech and Drama Arts, Preschool, and Speech and Language Therapy. He is completing a PhD on reading motivation in adolescents with dyslexia and has published research on how pictures can help learners understand stories. Edmen has also organised art competitions, workshops and showcases to highlight students' talents and boost their self-esteem. Edmen believes every child has the potential to thrive and is committed to empowering educators and parents with strategies to support their development.

Exhibition – *Neurodiversity and Brain Health*

Dr Eimear McGlinchey
Assistant Professor in Intellectual Disability, Trinity College Dublin
Atlantic Fellow for Equity in Brain Health, Global Brain Health Institute

Dr Eimear McGlinchey is an Assistant Professor in Intellectual Disability at Trinity College Dublin and faculty at the Global Brain Health Institute. Her research focuses on brain health and dementia in people with Down syndrome. She leads the PREVENT Dementia–DS project, part of the Horizon 21 European Consortium, exploring early Alzheimer's biomarkers. Eimear is also PI on a study exploring how indigenous knowledge systems conceptualise dementia and intellectual disability in South Africa. She recently co-developed best practice guidelines for post-diagnostic dementia support for people with an intellectual disability. Eimear also teaches, supervises students, and ensures the inclusion of people with intellectual disabilities in research processes.

Day 2 – Roundtable discussion: art and neuroplasticity
Day 3 – Workshop

Emylia Safian
Lecturer, MA Art Therapy, LASALLE College of the Arts, University of the Arts Singapore

Emylia Safian is an art therapist, educator and clinical supervisor. She has been a part of Southeast Asia's pioneering MA Art Therapy Programme at LASALLE College of the Arts since 2006 – first as a student, then as a full-time lecturer for the past eleven years. She enjoys observing the natural world and working with wild yeast and bacteria in the kitchen, weaving the quiet threads of her practice from the rich tapestry of everyday life. Her research interests encompass ecology, analytical psychology, neuroaesthetics, and human development, with a focus on their intersection in the praxis of art therapy.

Day 3 – Interactive talk

Dr Felicia Low
Founding Director, Community Cultural Dimensions

Dr Felicia Low, a graduate of Goldsmith's College, is a visual artist, arts educator and applied arts researcher. A Lee Kong Chian scholar of the National University of Singapore (NUS), Dr Low obtained a PhD in Cultural Studies in Asia in 2015. She has also written a pedagogical guide and trains artists-facilitators on Person-centred Arts Practices with Communities, with support from the National Arts Council. Since 2000, she has worked with various arts and social institutions and organisations. Dr Low was the recipient of the Outstanding Youth In Education Award 2005 and was selected for the President's Young Talent Show 2009 organised by the Singapore Art Museum. She received the Teaching Merit Award from the Singapore University of Social Sciences in 2019. She is the founding director of Community Cultural Dimensions, which aims to provide a critical discursive platform for artistic practices that engage with communities in the region. She is also a part-time supervisor at LASALLE College of the Arts (MA Arts Pedagogy and Practice), associate lecturer at Nanyang Technological University (BA Public Policy & Global Affairs) and NUS (MA in Arts and Cultural Entrepreneurship).

Day 2 – Interactive talk

Dr Geraldine Teo
Head, SJI International Preschool
Fellow, Early Childhood Development Agency

Dr Geraldine Teo is Head of School at SJI International Preschool and an ECDA Fellow under the Early Childhood Development Agency that she partners to drive and lead key sector initiatives. Dr Teo holds a PhD in Early Childhood Education and is passionate about the development of children, especially those in their early years. A seasoned speaker with 30 years of experience, she has presented papers in conferences and workshops both locally and internationally. With her deep theoretical and practical knowledge on Early Childhood Care and Education, Geraldine has inspired and nurtured many to become current leaders in the sector.

Exhibition – *The Neuroscience of Ageing*

Prof Ian Robertson
Emeritus Professor of Psychology, Co-Director Global Brain Health Institute

Professor Ian Robertson of Trinity College Dublin is the Founding Director of the Global Brain Health Institute and a leading researcher globally on the brain's attention systems. He authored several multi-translated popular science books on the brain with his most recent title, How Confidence Works: The new science of self-belief, published by Penguin Books.

Day 2 – Workshop
Day 3 – Workshop

Janet Teoh
Lecturer, Pastoral Care, LASALLE College of the Arts, University of the Arts Singapore

Janet Teoh is an experienced educator and practicing artist with extensive leadership in academia. She has served as Programme Leader for various diploma and undergraduate programmes, including Visual Studies, Foundation Studies, Fine Arts 3-Dimensional and Jewellery Design. Deeply committed to student well-being, Janet provides pastoral support at LASALLE College of the Arts and is a certified Mindfulness Facilitator. She leads mindfulness workshops and is trained in the MiSP Teach.b Curriculum from the UK, currently enrolled in Oxford University's MBCT teacher training. Janet integrates mindfulness practices into her curriculum, developing workshops to enhance awareness, concentration, and insight in teaching and learning contexts.

Exhibition – *The Man Obsessed with the Perfect Egg*

Janna Caganap

Caganap Janna's adoration for film flourished through nightly movie marathons, a solace for homesickness. Currently pursuing a BA(Hons) in Film at LASALLE College of the Arts, she translates narratives into captivating visual experiences. Her film 'The Man Obsessed with the Perfect Egg' was an official Selection for the Asian Film Archive's SG Shorts 2024.

Day 1 – Panel discussion

Dr Jayashree Dasgupta
Clinical Psychologist
Social entrepreneur
Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute
Project Lead, Creative Brain Week Delhi 2024

Dr Jayashree Dasgupta is a Global Atlantic Fellow for equity in Brain Health at the Global Brain Health Institute. A clinical psychologist by training, she is a social entrepreneur and clinician-researcher based in India. As the co-founder of Samvedna Care and an adjunct professor of healthcare management at Chitkara University, Dr Dasgupta develops culturally appropriate mental health and dementia care models with a focus on dementia care amongst transnational families. She also co-leads the creative brain network in India which is promoting brain health through creativity and multidisciplinary collaborations.

Exhibition – *Through the Looking Glass*

Jun Ming Cho

Cho Jun Ming is a filmmaker creating socially impactful films which were nominated for international festivals and won the Singapore most popular audience choice award silver in 2019. His work aims to bring pride to Singapore. He was conferred Ten Outstanding Young Persons of the World Singapore Merit in 2018.

Day 1 – Panel discussion

Dr Kim Nguyen
Economist
Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute
Project Lead, Creative Brain Week Brisbane 2024

Dr Kim Nguyen is a health economist and a Global Atlantic Fellow for Equity in Brain Health at the Global Brain Health Institute. She uses insights from economic and brain health research to examine decision-making processes across individuals, organisations, and systems, enabling the design of more effective interventions and policies to enhance brain health. Dr Nguyen collaborates with scientists, artists, individuals with lived experience, clinicians and service providers to co-create a value-based, equitable healthcare system. She is passionate about using both qualitative and quantitative data, combined with creative approaches, to generate knowledge and shift societal attitudes and actions towards improving brain health.

Exhibition – *The World I Live In Doesn't Exist*

Ker Wei Tan

Tan Ker Wei is an aspiring filmmaker who believes in two things: the boundlessness of film language, and the impact of their stories, from the subjects and for the audience. His experience as a documentarian, editor and animator allows him to creatively display otherwise inaccessible experiences and people.

Day 2 – Roundtable discussion: art and neuroplasticity

Kng Mian Tze
Assistant Director, Engagement, National Gallery Singapore

Kng Mian Tze, a Singapore-born artist and educator, is passionate about fostering creativity in young people. With a Master in Fine Art from Glasgow School of Art, she joined the Gallery in 2015, bringing a unique combination of artistic and pedagogical expertise to her programming. In 2021, Mian Tze launched Strength Through Art (stART), an innovative emotional literacy program for adolescents. This initiative uses art's transformative power to help young people explore and process their emotions. Through artwork discussions, art-making, and meaningful dialogues, stART empowers participants to creatively engage with their emotional landscapes, reflecting Mian Tze's commitment to nurturing both artistic and personal growth in youth.

Day 4 – Roundtable discussion: art and ageing

Melissa Chan
Project Lead, CRISP, University of Luxembourg
Senior Atlantic Fellow, Equity in Brain Health, Global Brain Health Institute

Melissa Chan collaborates with health and social care partners to lead service design, advocacy and knowledge translation projects focused on brain health, ageing, dementia and carer support. She recently launched the GetBrainHealthy platform at the University of Luxembourg, a workplace brain health programme now funded by the Luxembourg National Research Fund to scale nationwide. Melissa has led dementia care initiatives, including CARA by Dementia Singapore, and worked with ECON Healthcare and Homage in Singapore and Malaysia. She is a Senior Atlantic Fellow at the Global Brain Health Institute and former President of the World Young Leaders in Dementia Network.

Day 4 – Roundtable discussion: art and ageing

Dr Michael Tan
Dean, Research and Knowledge Exchange, Nanyang Academy of Fine Arts, University of the Arts Singapore

Dr Michael Tan is a creative health researcher and a leading advocate for arts and health development in Singapore. His notable contributions include a seminal paper on the State of Arts and Health Development Singapore and numerous cross-sectoral collaboration with the Agency for Integrated Care, National Arts Council and Duke-NUS Medical School. Dr Tan is co-leading a systematic review in the WHO Lancet Global Series, exploring arts participation as a health behaviour for non-communicable disease prevention and health promotion. His interests include mental health literacy, and end of life. He is also the Dean of Research and Knowledge Exchange at NAFA, University of the Arts Singapore.

Day 4 – Workshop

Mythili Devi
Counsellor, Student Care, LASALLE College of the Arts, University of the Arts Singapore

Mythili is a dedicated Counsellor at LASALLE, where she leverages her expertise to support students' mental health. With a Master's in Counselling from the Singapore University of Social Science and over 10 years of experience, including six years as a school counsellor, she is a clinical member of Singapore Association of Counselling and a member of MEMI International. Mythili is known for her innovative problem-solving skills and commitment to being a change agent in mental health services. Outside of work, she enjoys swimming, learning new languages and traveling, while aspiring to develop impactful mental health programs and pursue advanced training.

Day 4 – Interactive talk

Nora Samosir
Lecturer, Acting and Musical Theatre, LASALLE College of the Arts, University of the Arts Singapore

Nora Samosir teaches Voice in the BA Acting and BA Musical Theatre programmes at Lasalle College of the Arts, UAS. Prior to Lasalle, Nora taught at the National Institute of Education and the National University of Singapore. Nora has acted on stage with Cake Theatricals, TheatreWorks, The Necessary Stage, Teater Ekamatra, The Theatre Practice, Lyric Theatre, Singapore Repertory Theatre, Wild Rice, Checkpoint Theatre, amongst many others. She has also appeared in films and on television. She is working with Lionel Wee on their second co-authored book (working title - Performing the Korean Wave: The Consumption of Hallyu Across the World).

Day 4 – Interactive talk

Peggy Ferroa
Independent performance maker and arts educator

Peggy Ferroa is an artist educator who uses theatre to help individuals build new relationships with themselves, their community and their audience. She has co-created performances with special groups in hospices, prisons and with cultural communities like the Peranakans. Her plays have been featured at the Silver Arts Festival (Singapore), World Gold Theatre Festival (Japan) and George Town Festival (Malaysia). Peggy is also well known for developing and running theatre-based rehabilitation programmes for inmates in Singapore prisons since 2008. Her work with inmates and the elderly has been presented at local and international conferences as well as published in industry journals.

Day 2 – Workshop
Day 3 – Workshop
Day 4 – Workshop
Day 5 – Communal processing

Susanna Tan
Artist
Project Manager, Creative Brain Week Singapore 2024

Susanna Tan is a visual artist working with images, texts, objects, sites and time. Her practice draws parallels between the natural world and human experience while contemplating the strength and significance of disappointments, regrets, loss and love. Susanna founded @fahfahsaigai in 2018, functioning as an extended studio to further explore the intricate relevance and relationship between humans and plants across various industry collaborators. She also partners frequently under the moniker of @superplanter to 'plant' joy through transformed waste debris. She is part of @near, an art collective interested in building friendships that support creative practices.

Exhibition – *Overstimulated*

Syafiqah Muhammad Noh

Currently pursuing a BA(Hons) in Film at LASALLE College of the Arts, Syafiqah's interest for art house films inspires her creative journey. Drawing on her animation background, she explores soundscapes in her experimental film *Overstimulated*.

Day 2 – Workshop
Day 3 – Workshop
Day 4 – Workshop
Day 5 – Communal processing

Dr Trudy Meehan
Lecturer, Royal College of Surgeons in Ireland, University of Medicine and Health Sciences

Dr Trudy Meehan (DClinPsych, PhD) is a Chartered Clinical Psychologist and Lecturer at the Centre for Positive Psychology and Health at RCSI University of Medicine and Health Sciences, Dublin, Ireland. Trudy worked for Stanford University as Director of the BING Overseas Study Program, Cape Town. As a clinician Dr Meehan was a Senior Clinical Psychologist in the HSE and Clinical Director for '50808', an innovative initiative that provides 24/7 text message support for mental health issues for young people. Trudy's research explores the value of art in the context of health and the social/political determinants of health.

Day 3 – Roundtable discussion: art and neurodiversity

Winston Wong
Partner, Diversity & Inclusion, Inclus

Winston Wong is Partner, Diversity & Inclusion at Inclus where he helps persons with disabilities and students with special educational needs (SEN) find gainful employment. He partners and works closely with corporate organisations who are keen to embark on disability inclusion and inclusive hiring journeys. Diagnosed at the age of four with bilateral sensorineural hearing loss, Winston's condition worsened progressively with many challenges over the years. He served in the public sector for two years before leaving to pursue his passion to serve the disabilities and SEN spaces in 2017. Winston is active in disability advocacy work and regularly shares his personal and professional experiences to raise awareness in the community. For his work, he was awarded both the Asia Pacific Breweries Foundation Scholarship for Persons with Disabilities and the Outstanding Deaf Student (Tertiary) Award in 2013, as well as the Goh Chok Tong Enable Award (UBS Promise) in 2021.

Day 3 – Interactive talk

Dr Woo Yen Yen
Programme Leader, MA Arts Pedagogy and Practice, LASALLE College of the Arts, University of the Arts Singapore

Dr Woo Yen Yen is an innovative educator and multidisciplinary culture maker. She is the festival director for Kampung Halloween, a collaborative festival and platform for independent artists. She also directed the award-winning film, Singapore Dreaming and is the founder and creator of Dim Sum Warriors, the bilingual comics series and edtech start-up. Her work has been published or screened at major platforms like Netflix, HBO, App Store, Google Play Store, Singapore Airlines, the Smithsonian Institution and the Brooklyn Museum of Art. She works on nurturing the growth of artist educators across disciplines as Programme Leader, MA Arts Pedagogy and Practice at LASALLE College of the Arts, University of the Arts Singapore.

Day 2 – Roundtable discussion: art and neuroplasticity

Dr Yanyun Chen
Artist
Professor of the Practice, Drawing and Painting, School of the Museum of Fine Arts at Tufts University

Dr Yanyun Chen (Singapore) is an artist and a Professor of the Practice at SMFA Tufts University. Her practice untangles aesthetic, cultural and technological anatomies, unravelling notions of embodiment and inheritances. Dr Chen wrestles with questions: what intergenerational weight has been carried in our bodies; how have our families marked us; which bones scaffold our knowledge of the world? Exhibiting internationally, and recipient of awards including the National Arts Council's Young Artist Award (2020), ArtOutreach IMPART Visual Artist Award (2019) and the Singapore Art Museum's President's Young Talents People's Choice Award (2018), Dr Chen holds a PhD and MA in Communications from the European Graduate School, and BFA in Animation.

Exhibition – *A Day in Blk 815*

Zhao Shiqing

Zhao Shiqing is currently an Executive Producer at Shooting Gallery Asia in Shanghai. She is a graduate from the Diploma in Broadcast Media programme.

CREATIVE BRAIN WEEK

SINGAPORE 2024

1 – 5 OCTOBER 2024

LASALLE COLLEGE OF THE ARTS

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